



Yearly PE Topic Overview – Based on PE Hub Scheme

Expectation: 2 hours of PE a week.

YEAR	TERM 1	TERM 2	TERM 3	TERM 4	TERM 5	TERM 6
R			Gymnastics	Speed Agility Travel	Manipulation and Coordination	Cooperate and Solve Problems
1	Gymnastics	Dance	Attack, Defend and Shoot	Hit, Catch, Run	Send & Return	Run, Jump, Throw
2	Basic Skills Gymnastics	Dance	Attack, Defend and Shoot	Hit, Catch, Run	Send & Return	Run, Jump, Throw
3	Basic Skills Tag Rugby	OAA	Gymnastics Dance	Netball / Tennis	Cricket / Rounders	Athletics / Bat and Ball
4	Basic Skills Gymnastics	Tag Rugby Cricket	Dance	Netball / Hockey	Rounders / Tennis	Athletics / Bat and Ball
5	Basic Skills Tag Rugby	Gymnastics / Yoga	Dance / Handball	OAA / Hockey	Tennis / Netball	Athletics / Bat and Ball
6	Basic Skills Tag Rugby	Hockey / Swimming	Gymnastics / Netball	Inclusive Sports / Cricket	OAA / Athletics	Tennis / Football

Basic Skills – throwing and catching, jumping, hopping etc. (PE Hub – Mixed Key Stages – Foundations)