

Yearly PE Topic Overview – Based on PE Hub Scheme



| YEAR | TERM 1 | TERM 2 | TERM 3 | TERM 4 | TERM 5 | TERM 6 |
|----------|------------|------------------------|--------------------------|----------------------|-------------------------------|------------------------------|
| R | Gymnastics | Dance | Body Management | Speed Agility Travel | Manipulation and Coordination | Cooperate and Solve Problems |
| 1 | Gymnastics | Dance | Attack, Defend and Shoot | Hit, Catch, Run | Send & Return | Run, Jump, Throw |
| 2 | Gymnastics | Dance | Attack, Defend and Shoot | Hit, Catch, Run | Send & Return | Run, Jump, Throw |
| 3 | Gymnastics | Tag Rugby/ Dance | OAA | Netball / Tennis | Cricket / Rounders | Athletics / Bat and Ball |
| 4 | Gymnastics | Tag Rugby | Dance | Netball / Hockey | Rounders / Tennis | Athletics / Bat and Ball |
| 5 | Tag Rugby | Handball / Yoga | Dance | OAA / Hockey | Tennis / Netball | Athletics / Bat and Ball |
| 6 | Tag Rugby | Hockey / Gymnastics | Dance / Netball | Handball / Yoga | OAA / Bat and Ball | Tennis / Athletics |